



**InSeason! Pumpkins**

Scientifically speaking, pumpkins are a fruit (they contain seeds) but when it comes to cooking, they are often referred to as vegetables.

Pumpkin soup is popular, as are roasted pumpkin seeds. As a food, pumpkin can be baked, roasted, steamed or boiled.

## Announcements

All breakfasts served with a choice of a fresh or canned fruit, 100% fruit juice, assorted cereals, and milk.

Garden/Fruit Bar and a choice of milk offered with all lunches.

Menu subject to change due to weather and product availability

## Meal Prices

Adult Meal Prices

Breakfast \$3.00

Lunch \$3.75

**MONDAY**

Double Chocolate Muffin **01**  
Chili, Breadstick, Crackers, Cheesy Broccoli, Chilled Pears

Super Doughnut **08**  
Pepperoni Roll, Broccoli, Baby Carrots, Mandarin Oranges, Yogurt

Cherry or Apple **15**  
Strudel  
Tacos, Corn, Pinto Beans w Cheese, Mandarin Oranges

Sausage Biscuit **22**  
Chicken Fajitas, Salsa, Pinto Beans, Tortilla Chips, Mandarin Oranges

Mini Bagels w Cream Cheese **29**  
Scrambled Eggs, Pancakes, Sausage Patty, Hash Browns, Cinnamon Apples

**TUESDAY**

Toaster Pastry **02**  
Hot Dog on Bun  
Chili (optional)  
Coleslaw, Corn, Fruit Mix, Scooby Bones

Breakfast Burrito **09**  
Breaded Chicken Sandwich, Lettuce, Tomato, Onion, Vegetarian Beans, Corn, Fruit Mix

Egg, Cheese on Pretzel Bun **16**  
Chicken Fries, Macaroni & Cheese, Carrot Coins, Broccoli, Peaches

Breakfast Pizza **23**  
Steak & Gravy, Mashed Potatoes, WG Roll, Green Beans, Peaches

Pumpkin Bread **30**  
Creamed Turkey on Southern Style Biscuit, Steamed Peas, Peaches

**WEDNESDAY**

Mini Bagels Cream Cheese **03**  
Chicken on Noodles, Green Beans, Honey glazed carrots, Canned Peaches

Banana Muffin **10**  
Corn dog, French Fries, Peas & Carrots, Strawberries and Bananas

**17**  
No Students

Egg, Cheese, Sausage Taco **24**  
Chicken Alfredo w Penne, Broccoli, Carrot Coins, Biscuit, Pears

Mini Waffles, Yogurt Sloppy Joe on WG Bun **31**  
French Fries, Broccoli Parmesan, Chilled Pears, Boo SideKick

**THURSDAY**

Chicken Sliders **04**  
Walking Taco, Refried Beans, Salsa, Corn Canned Pears

Breakfast Pizza **11**  
Steak & Gravy, Mashed Potatoes, Green Beans, WG Roll, Mandarin Oranges

Honey Bun **18**  
Fish Sticks, Orange Glazed Carrots, Green Beans, Fruit Mix

Honey Bun **25**  
Pizza Chicken Quesadilla, Corn, Fruit Mix, Sidekick

**FRIDAY**

Egg, Cheese on Pretzel Bun **05**  
Teriyaki Chicken, Stir Fry Vegetables, Egg Roll, Fried Rice, Football Cookie

Pancake on Stick **12**  
Chicken Nuggets, Orange Glazed Carrots, Corn, Pineapple Slices  
Football Cookie

Zucchini Bread **19**  
Pulled Pork on WG Bun, Seasoned Potato Wedges, Coleslaw, Vegetarian Beans, Apple Crisp

Breakfast Burrito **26**  
Hot Dog on WG Bun  
Chili, Coleslaw, Three Bean Salad, Peaches, Football Cookie